

THE LEAFY GREENS COUNCIL IS PROUD TO INTRODUCE THE...

# CRUCIFEROUS CRUSADERS

ALL-STAR CANCER FIGHTING TEAM

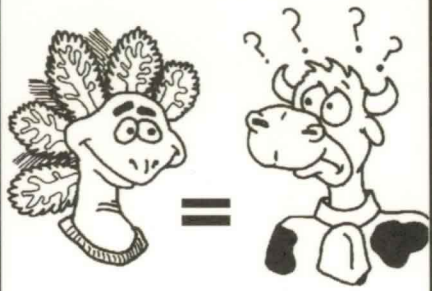


# KALE-O-DON

## VITAL STATISTICS

RIGHT FIELDER -  
VERSATILE TEAM PLAYER.  
CALCIUM GIVES HIM HIS  
STRONG ARM.

WHAT DO COOKED KALE AND MILK  
HAVE IN COMMON?



3 CUPS OF COOKED KALE HAVE THE SAME  
AMOUNT OF CALCIUM AS A CUP OF MILK.